

League of Extraordinary Children

January 2021

Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				¹ CLOSED
4 Whole Wheat Toast Cream Cheese Orange Slices 1% Unflavored Fat Free Milk	5 Whole Grain Mini Pancakes Strawberries 1% Unflavored Fat Free Milk	6 Multi Grain Cheerios Bananas 1% Unflavored Fat Free Milk	7 Vanilla Greek Yogurt Strawberries 1% Unflavored Fat Free Milk	8 Scrambled Eggs Tator Tots Apples 1% Unflavored Fat Free Milk
11 Whole Grain Bagel Cream Cheese 1% Unflavored Fat Free Milk	12 Honey Nut Cheerios Bananas 1% Unflavored Fat Free Milk	13 Fruit Loops Bananas 1% Unflavored Fat Free Milk	14 Whole Grain Waffle Bananas 1% Unflavored Fat Free Milk	15 Multi Grain Cheerios Bananas 1% Unflavored Fat Free Milk
18 CLOSED	19 Scrambled Eggs Tator Tots Apples 1% Unflavored Fat Free Milk	20 Whole Wheat Toast Cream Cheese Orange Slices 1% Unflavored Fat Free Milk	21 Whole Grain Waffle Bananas 1% Unflavored Fat Free Milk	22 Cocoa Puffs Strawberries 1% Unflavored Fat Free Milk
25 Multi Grain Cheerios Bananas 1% Unflavored Fat Free Milk	26 Fruit Loops Bananas 1% Unflavored Fat Free Milk	27 Vanilla Greek Yogurt Strawberries 1% Unflavored Fat Free Milk	28 Whole Grain Mini Pancakes Strawberries 1% Unflavored Fat Free Milk	29 Whole Grain Waffle Strawberries 1% Unflavored Fat Free Milk

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Lunch Menu



**** KEY:**

Mixed Vegetables:
Carrots, Green Peas,
and Corn

Monday	Tuesday	Wednesday	Thursday	Friday
				¹ CLOSED
⁴ Split Peas Brown Whole Grain Rice Corn Banana 1% Unflavored Fat Free Milk	⁵ Turkey Meatball Whole Wheat Spaghetti with Sauce Orange Slices 1% Unflavored Fat Free Milk	⁶ Black Beans White Rice Carrots Pineapples 1% Unflavored Fat Free Milk	⁷ Hot Dog Hot Dog Bun Steamed Broccoli Pineapple 1% Unflavored Fat Free Milk	⁸ Baked Chicken Nuggets Baked Shoe-String Potato Fry Carrots Peach Slices 1% Unflavored Fat Free Milk
¹¹ Lentil Soup White Rice Green Peas Pineapple 1% Unflavored Fat Free Milk	¹² Mac & Cheese Steamed Broccoli Bananas 1% Unflavored Fat Free Milk	¹³ Split Peas Brown Whole Grain Rice Corn Banana 1% Unflavored Fat Free Milk	¹⁴ Grilled Chicken Strips Emoji Potato Wedges Green Peas Pineapples 1% Unflavored Fat Free Milk	¹⁵ Mini Pizza Bagels Steamed Broccoli Orange Slices 1% Unflavored Fat Free Milk
¹⁸ CLOSED	¹⁹ Turkey Meatball Whole Wheat Spaghetti with Sauce Orange Slices 1% Unflavored Fat Free Milk	²⁰ Black Beans White Rice Carrots Peaches 1% Unflavored Fat Free Milk	²¹ Ground Beef Mashed Potatoes ** Mixed Vegetables Orange Slices 1% Unflavored Fat Free Milk	²² Baked Chicken Nuggets Baked Shoe-String Potato Fry Carrots Peach Slices 1% Unflavored Fat Free Milk
²⁵ Hot Dog Hot Dog Bun Cucumbers Pears 1% Unflavored Fat Free Milk	²⁶ Cheese Ravioli with Sauce Broccoli Peach Slices 1% Unflavored Fat Free Milk	²⁷ Grilled Chicken Strips Whole Wheat Pasta Cucumber Banana 1% Unflavored Fat Free Milk	²⁸ Whole Grain Brown Rice Red Beans Carrots Banana 1% Unflavored Fat Free Milk	²⁹ Mini Pizza Bagels Steamed Broccoli Orange Slices 1% Unflavored Fat Free Milk

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P.M. Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				1 CLOSED
4 Pretzels Raisins Apple Juice 1% Unflavored Fat Free Milk	5 Baked Potato Chips Apple Juice 1% Unflavored Fat Free Milk	6 Muffin (Blueberry, Apple or Banana) 1% Unflavored Fat Free Milk	7 Whole Grain Goldfish Baked 1% Unflavored Fat Free Milk	8 Vanilla Greek Yogurt Granola Crunch 1% Unflavored Fat Free Milk
11 Orange Sherbet 1% Unflavored Fat Free Milk	12 Whole Grain Goldfish Baked 1% Unflavored Fat Free Milk	13 Mozzarella Cheese 5 Saltine Crackers 1% Unflavored Fat Free Milk	14 Animal Crackers 1% Unflavored Fat Free Milk	15 Whole Grain Bagel Cream Cheese 1% Unflavored Fat Free Milk
18 CLOSED	19 Fat Free Strawberry Jell-O 1% Unflavored Fat Free Milk	20 Baked Potato Chips 1% Unflavored Fat Free Milk	21 Vanilla Greek Yogurt Granola Crunch 1% Unflavored Fat Free Milk	22 Whole Grain Goldfish Baked 1% Unflavored Fat Free Milk
25 Mozzarella Cheese 5 Saltine Crackers 1% Unflavored Fat Free Milk	26 Whole Grain Bagel Cream Cheese 1% Unflavored Fat Free Milk	27 Mozzarella Cheese 5 Saltine Crackers Apple Juice 1% Unflavored Fat Free Milk	28 Chocolate Chips Sugar Free Cookies 1% Unflavored Fat Free Milk	29 Fat Free Strawberry Jell-O 1% Unflavored Fat Free Milk